

## Its time to **Let the Coaches coach and the Parents parent!**

As a parent it is important to:

- Back the coaches as they play. Never badmouth the coach in front of your kids. Let the coach be the authority figure and do your part in enforcing their rules for the team as acceptable and something to support. That level of backing will pay off for the child later in life.
- When you are in the stands, be a cheerleader. That's it. Don't yell at the coaches, the umpires, and especially the other players. Try not to critique every kick, every handball, or every minute of the game. This type of constant verbal feedback during the game can be detrimental to your son/daughter and even the team.
- If you don't have any experience in the sport your child is playing, don't try and coach them on the sport. Instead coach them on sportsmanship, being a great team mate and building a great character.

The amazing men/women who step up to coach your kids do so for two reasons. First, they love the sport. They either played it themselves or have loved the game for their lifetime and simply want to be a part of it. They do it because of passion. They want to give your kids an experience so they can know that same love themselves.

Working with young people can be one of the best experiences you can have. The ones who show up ready to work, who are fired up about being part of the team and would do anything to win—they are the reason we do it.

The life of a coach is an absolute grind. Dealing with [the multitude of personalities](#), being a surrogate parent to dozens of kids, and managing a scope of skill levels and attention spans can be enough to make a person crazy.

## **Always be thankful for the coaches**

