

So what can teams do to ensure that they are collectively productive and drive the team towards success?

### 1. They communicate well with each other

They communicate openly with each other, sharing their thoughts, opinions and ideas with members of their team; as well as taking into consideration what others have to say. Communication is essential for keeping track of progress and working together efficiently. Team mates need to have the ability to give feedback to others during a match even if it is calling them out on a negative act, but also patting them on the back for something positive that has happened.

### 2. Play your role

Not everyone can have 25+ disposals and kick 5 goals. Each member of the team needs to contribute their fair share of the workload and fully understand what their role to the team is. Where they fit in, they must have care and feel a sense of belonging to the team. They must play their role.

### 3. They offer each other support

Will you pick your team mate up after they have laid a tackle? Will you go up and pat a team mate on the back for a late goal in the 4<sup>th</sup> quarter even if you are losing? Your team should feel like a mini family unit, so how are you going to support your family member on and off the field?



### 4. Team members are diverse

How boring would a team be if we all had the same personalities! Everyone is unique and will be able to offer their own experiences and knowledge that others may not possess. Some players may be experts on tractors, or all things farming, where others may be interested in playing Fortnite. We have many 'scallywags' in our teams its important to embrace each individual and their personality and draw upon their ability and willingness to allow them to become part of the team in their own unique way. Diversity is needed, so don't try and be someone you are not. Be yourself and allow your personality to shine bright amongst the group.



### 5. Make your teammates accountable

Being called out for lack of accountability in front of teammates and opposition players would certainly be a tough pill to swallow. You have nowhere to hide. It can be a brutal place an AFL ground the constant shouting to organise setups, to encourage and to give some harsh feedback. It's always been a great line; a champion team will beat a team of champions. But what does that mean to a team that believes it is both?

### 6. Good Leadership

A strong team will usually have a leader or a strong leadership group that they will trust and respect. This individual or group of individuals will essentially work together as the glue holding the team together and should be responsible for setting the standards, offer encouragement, call players out for poor behaviour (on and off the ground).

